

**From the nurse's office: Please note that the exclusion policy for strep throat has changed. According to the new school medical advisor students may return 24 hours after beginning antibiotic treatment for strep throat. The former exclusion was for 36 hours after beginning antibiotic. Because Middle School students change classes it is not practical to send out notes to an entire grade when a student is diagnosed with strep so please make yourself aware of the symptoms:**

- **Severe and sudden sore throat without coughing, sneezing, or other cold symptoms.**
- **Pain or difficulty with swallowing.**
- **Fever over 101 F. Lower fevers may indicate a viral infection and not strep.**
- **Swollen lymph nodes in the neck.**
- **White or yellow spots or coating on the throat and tonsils.**
- **Bright red throat or dark red spots on the roof of the mouth at the back near the throat.**
- **Swollen tonsils, although this symptom may also be caused by a viral infection**